KEYSTONE COUNSELING HEALTHCARE

Massachusetts telehealth • Community referral resource

Gynecologic health. Emotional wellbeing.

Hormonal changes, reproductive concerns, pregnancy loss, and menopause can affect emotional wellbeing. Counseling complements medical care, with support for anxiety, low mood, coping, relationships, and everyday routines.

We accept most major insurance plans

MassHealth • Blue Cross Blue Shield (BCBS) • Harvard Pilgrim • Aetna

Coverage varies by clinician, exact plan, and service. Benefits and availability confirmed individually.

Meet your Keystone care team

Ask for Julianna, Anushka, Dana, or another Keystone clinician.



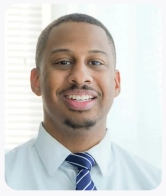
Julianna Garcia
Pre-Licensed Counseling Professional
Teens & adults



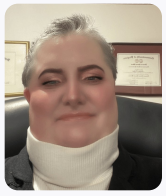
Anushka Mohapatra,
LMHC, NCC, CGP
Adults & college students



Dana Cho
LEP
Educational psychology



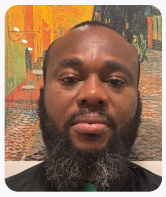
Caleb Brooks
LICSW • Clinical Director
Waitlist inquiries



Marianne Lopez
LICSW
Adults & couples



Josue Matias
LCSW
English & Spanish



David Akperi
LADC-I
Substance use & recovery



Mary Nankya
PMHNP
Medication management



Ibiam Aru
MSN, PMHNP-BC
Medication management

Start a conversation.

Call or text 617-468-6426

support@keystonecounselingcare.com

keystonecounselingcare.com/womens-mental-health/

With patient consent, referring teams can contact Keystone to coordinate next steps. Independent community practice. Clinician fit and services are reviewed before scheduling.